

PRE-OP INSTRUCTIONS BEFORE ANESTHESIA

If you are receiving sedation for your procedure, please follow these instructions:

- Please refrain from consuming any food or drinks after midnight the night before your appointment. This includes water and chewing gum. You mustn't eat or drink anything by mouth. Also, no smoking, or chewing tobacco.
- Please take all routine medications per your normal routine with a small sip of water, unless otherwise directed by the oral surgeon.
- If you have an illness such as a cold, sore throat, stomach, or bowel upset, please notify the office.
- We recommend wearing comfortable clothing. A short-sleeved shirt is preferable, but it's also okay to dress in layers.
- A friend or family member must bring you and take you home, we ask that they stay in the facility during the procedure. If the patient is a minor, it must be a parent.
- Please have someone with you for at least 4 hours after surgery.

Please contact our office at 701-478-4404 with any questions or concerns.