

## **POST-OP INSTRUCTIONS FOR IMPLANT UNCOVERING**

### **Day of Surgery:**

- Cool, soft foods and beverages are recommended while you are numb.
- It is common to have pink saliva for 24 hours.
- Take over-the-counter pain medications as needed for discomfort.
- Immediately following surgery you may resume normal daily activities.

### **Tomorrow:**

- Start brushing gently over the implant cover as soon as it becomes comfortable to do so.
- Start warm salt water rinses twice a day. Continue rinses for 1 week. (1 tsp salt in 8 oz of warm water)

### **Oral Hygiene and Care:**

- Do not smoke or use a straw for the next 48 hours.
- Do not disturb the surgical area on the day of surgery.
- Your stitches will dissolve in 7-10 days.

### **Further Instructions:**

- You will be ready to see your dentist in 2 to 4 weeks to begin your restorative phase. Please give their office a call to schedule.
- Your dental implant(s) need to be restored by your dentist within 6 months
- Your dentist should take yearly X-rays of your implant(s)

**Please contact our office at 701-478-4404 with any questions or concerns.**